



MemoryCare

PERSON-CENTRED
SPECIALIST CARE
FOR PEOPLE LIVING
WITH DEMENTIA

ENHANCING THE QUALITY
OF LIFE FOR OLDER PEOPLE

Mowlam
Healthcare 



Knowing that a loved one is receiving care, attention, stimulation, and support, in a secure community brings great peace of mind for families



WE LISTEN. WE CARE.



Memory Care

Focused on innovative memory care that celebrates individuality, reduces anxiety, and creates enjoyable days for residents living with Alzheimer's, dementia, and other forms of memory loss.

Why choose the **Mowlam Memory Care Programme?**

INDIVIDUALISED PERSON-CENTRED CARE

Our Memory Care programme is built around understanding our residents, and all aspects of their lives.

Knowing that memory loss affects every resident differently, our teams are trained to value each resident, and to recognise and understand their different preferences and needs, to provide personalised memory care that they respond to positively.

Filled with compassion and patience, our memory care team receives best-in-class training to better serve our residents. They are supported by a team of experienced and knowledgeable clinical leaders.

Individualised Care Plans

Understanding our residents' needs

At the heart of our person-centred approach to memory care are the Mowlam individualised care plans.

Prior to moving in, each resident and their family meet with our specialist team to build this comprehensive and personalised programme of care and service, based on the resident's interests, needs, and expressed wishes.



Our team uses the individualised care plan to accommodate a resident's personal preferences, and to provide **meaningful and consistent quality care** and service.

KEY BENEFITS OF INDIVIDUALISED-CARE

Peace of mind for residents and their families, that such detailed understanding creates personalised assisted living care and services necessary for the best quality of life.

The Mowlam Way

To enhance the quality of life for older people.

Our residents are always treated with dignity and respect, and our skilled care team provide companionship, compassionate care, and an enhanced quality of life, in a comfortable and safe community.

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Health & Wellbeing

Living with purpose

We are dedicated to involving residents with memory loss in daily activities that help them feel valued and provide them with a sense of purpose.

The care team assess individual interests and abilities, which can be matched with life skills and activities that tap into implicit and procedural memories



Daily activities are specifically identified to nurture the spirit of residents by preserving life skills, which are familiar tasks that residents enjoyed doing in the past, that still bring them a sense of purpose in the present.

Our Memory Care team designs personalised programmes with multi-sensory experiences, exercise, outings, gardening, intergenerational activities, and visits with pets, depending on what benefits each individual.

Activities take place one-to-one with a carer, or in small groups with residents who have similar interests.



**Championing quality of
life for our older residents.
We Listen. We Care.**

Our Principles of Service



- 1 Preserving dignity
- 2 Nurturing the whole person - mind, body & spirit
- 3 Celebrating individuality
- 4 Enabling freedom of choice
- 5 Encouraging independence
- 6 Involving family and friends

Specialist Care & Comfort

- Pre-admission home visit and assessment
- Multi-disciplinary assessment and review of all aspects of health and wellbeing
- Poole Assessment of Living to ensure a varied activities programme that respects the interests and choices of each resident
- Individualised care plans based on assessment of need
- Developing and understanding life stories
- Speciality trained and fully qualified staff to assist with all aspects of care, while encouraging independence
- Reminiscence Therapy & Sonas Therapy
- Appropriate decor for more homely and stimulating environment
- Comfortable and attractively decorated living rooms, activity rooms, and private conversation areas
- Nutritious, healthy, and delicious meals and snacks served throughout the day
- Landscaped and secure internal gardens with safe walking areas
- Family support groups, education and information programmes, and referral services

our focus is firmly on the individual
& on providing a place to live
with dignity, comfort and grace.

Skilled & Caring Team Therapies & Interventions

Our team understands the importance of empowering individuals through the appropriate therapy. With care excellence, our residents learn how to become more engaged and better able to function when performing everyday tasks.

Our residents have regular access to a professional multi-disciplinary team, including medical, physiotherapists, occupational therapists, speech and language therapists, pharmacists, dietitians, and other services as required.



The Mowlam Memory Care Programme is designed to ease the symptoms of dementia for an enhanced quality of life.

We believe that we can minimise the need for medication by providing an environment where residents feel safe, at home, and familiar, but also have the freedom to move around in a completely safeguarded environment.

CARE, SUPPORT & GUIDANCE

We are here to support and advise families on this journey. We invite you to call our Memory Care Support Team on 061 416 099.



Our resident-centred philosophy of care continues evolving to deliver individualised service based on the needs of today's older people.

We recognise the importance of communicating openly and regularly with family members to ensure we are providing the very best care and service for our residents.

WE LISTEN. WE CARE.

Mowlam
Healthcare 

To make a referral, or for more information
about our health care services,
call the Mowlam Support Team on **061 416 099**
or email **enquiries@mowlamhealthcare.com**

mowlamhealthcare.com

 Find us on Facebook **[@mowlamhealthcare](https://www.facebook.com/mowlamhealthcare)**