

Sancta Maria



Kinnegad, Co Meath

Nursing Home & Memory Care Centre

Mowlam
Healthcare



ENHANCING THE QUALITY OF LIFE
FOR OLDER PEOPLE



Mowlam Healthcare provides person-centred health care with compassion, dignity, and respect. Our clear focus is ‘To Enhance the Quality of Life for Older People’.

This is **The Mowlam Way**

Sancta Maria Nursing Home & Memory Care Centre



Sancta Maria is dedicated to maintaining the highest possible standard of living for our residents. Located conveniently just off the Edenderry/Kinnegad road.

Our home-from-home is staffed by an exceptional team of compassionate nurses, senior carers and care assistants, whose focus is to enhance the lives of the elderly residents in our care 24/7.

Each bedroom provides a private, comfortable and personal environment for both short-term recuperation or as a place to make your home. Residents' private bedrooms are just as important as our communal spaces in fostering a sense of home.



Key Facilities

- Majority of rooms are single ensuite
- Twin bedrooms for residents who would prefer company
- Nurse call system, telephone and multi-channel TV in every room
- Wide range of leisure and activity rooms

Recognisable features and a feeling of home help residents settle in and adapt to their new nursing home and Memory Care surroundings. Our centre mirrors the layout and freedoms of home, encouraging our residents to continue to take part in hobbies and activities that they enjoyed in their past lives.

Care

Sancta Maria provides care for residents who have been assessed as requiring:

- Nursing Home Care
- Dementia Care
- Respite Care
- Palliative Care

Services

- 24 hour medical & nursing care
- Optician and Chiropodist available by appointment
- Speech Therapy
- Hairdresser
- Personal laundry service

Living with Purpose

We work tirelessly to ensure that we are doing everything we can to promote our residents' overall health and well-being.

We encourage our residents to engage, enjoy, express, and live as full, independent and active a life as possible with us. Our dedicated activities team develop an extensive weekly calendar of group and one-to-one activities, tailored to the unique needs, and expressed interests, of our residents. Residents' freedom of choice guides everything we do.

On a typical week residents enjoy music, singing, dancing, light exercise, reminiscence therapy, art therapy, pet therapy, gardening, and excursions when weather allows. Our activities programming is designed to turn each day into an opportunity for our residents to **live with purpose**.



Resident-led
activities & therapies

Memory Care Centre of Excellence



Inspired Care for people living with dementia

Our inspired Memory Care programme has been designed to help residents with dementia build and maintain cognitive ability, and experience happiness, dignity and contentment in their lives.

Promoting an optimal quality of life

The Mowlam Memory Care Model is built around providing highly specialised, exceptional care for our residents with Alzheimer's, dementia and other cognitive impairments – going further than a general nursing home care model.

We do this through highly personalised tools like our Life Story Book, reminiscence therapy and the integration of medical, behavioural and social support – emphasising the care of the whole person, not just their dementia.

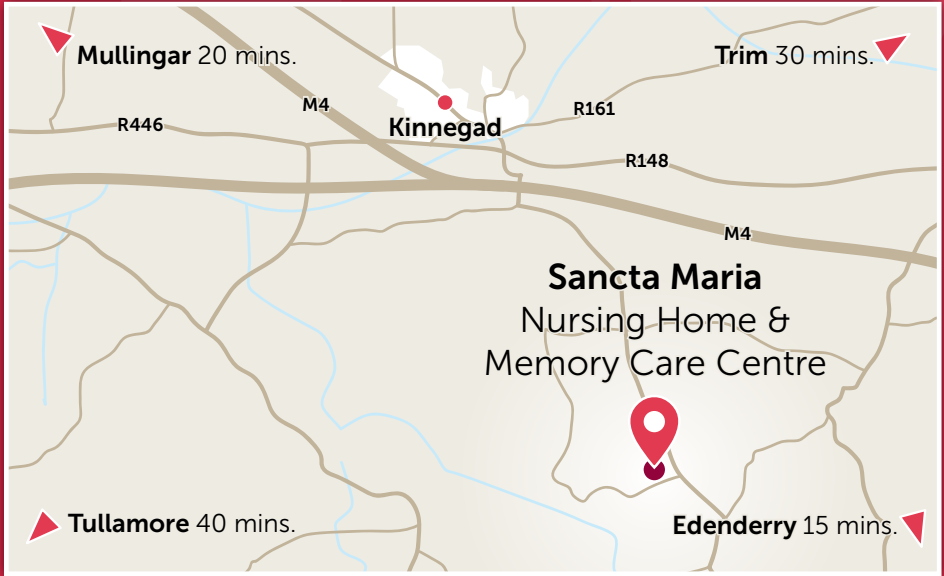


Caring In Partnership

Our staff understand the importance of honouring our residents and the challenges that they and their family members face on this journey, by keeping the residents and their families' at the heart of the care planning and decision-making process.

The hallmark of care we provide is that we view our care as a partnership between us, our residents and their families.

We are very proud of our homely and welcoming atmosphere at Sancta Maria Nursing Home & Memory Care Centre and would be delighted to show you around so that you can experience it for yourself.



Call us today on 044 937 5243

SANCTA MARIA NURSING HOME & MEMORY CARE CENTRE

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