

FEB 2017

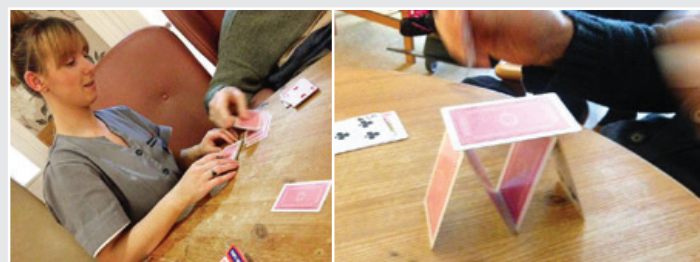
OUR HOMES | OUR NEWS

Mowlam Healthcare 
WE LISTEN. WE CARE.



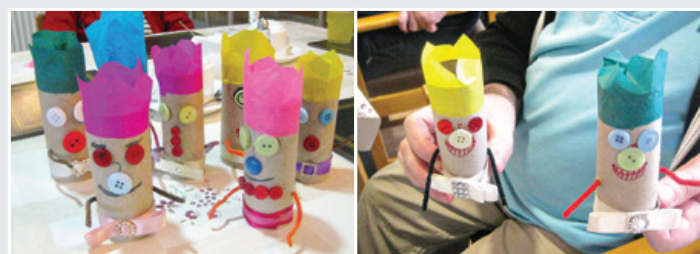
Nothing says home like the smell of baking!

Residents Vincent, Sarah and Mary baking cake at Archersrath Nursing Home - and it looks like chocolate cake. Yum.



Resident-led activities

Fun loving resident Billy, Adare & District Nursing Home, tried in vain to teach social care practitioner Bridget how to play 45.... she just wasn't getting it! So when she was called away for a few minutes he decided she was a lost cause and just started making towers... banter ensued.



Buttons & Bows...

The benefits of 'creating' for our elderly residents is well documented - from physical, to emotional, socialisation and self expression. Arts and crafts benefits mind, spirit and body.

Check out this awesome resident-made paper crafted army of little men from Caherass Nursing Home, Limerick. They're an absolute blast!



It's all about birthdays here this week

Resident Sheila and care assistant Kate celebrated their birthdays on the same day at Killarney Nursing Home. Every good wish to you both from the entire Mowlam family. Beautiful pic!

L-R: Care assistants Anna and Izzy, Resident Sheila with Kate to her right. And in front we have care assistant Kathy and nurse Lotta.

Everone's favourite treats...



Resident Kitty Scanlon making everyone's favourite 'Krispie Buns' at Ennis Nursing Home.

Such a sweetheart of a photo.



Happy 90th Birthday Teresa

Wishing our beautiful Teresa Kelly a happy 90th birthday - Teresa celebrated with her fellow residents, family and all the team at The Park Nursing Home. A special thanks to chefs Mary Keane and Tamara Salei for the scrumptious freshly made cake.



Teresa with Carmel O'Carroll (activities co-ordinator)

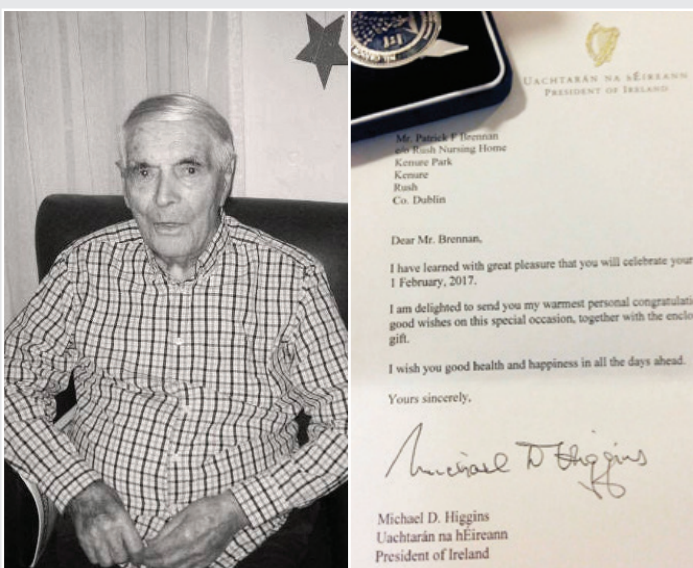


Pauline Tobin, Park Beautician & Carer, and Sinead, Park Hairdresser

Hello Spring!

Resident Ann Vasjuka helps with the spring bulb planting at Sligo Nursing Home.

We can't wait to see our beautiful bulbs in bloom.



Presidential Greetings for Flann

Dr Flann Brennan, resident at Rush Nursing Home, celebrated his 103rd birthday this month. Flann was delighted to receive a special letter and medal from President Higgins. Congratulations Flann from the entire Mowlam family.

Cupcake Conversations



Millhouse Care Centre's Chef Elaine gathered a few of the ladies around a table for some cupcake decorating and a chat. We love our chats.

Valentine's Day Card Making



What a special moment shared between resident and carer as they make Valentine's Day cards together.

Residents really enjoy making cards for their loved ones.



Truly special photos from Cloverlodge Nursing Home, Athy.

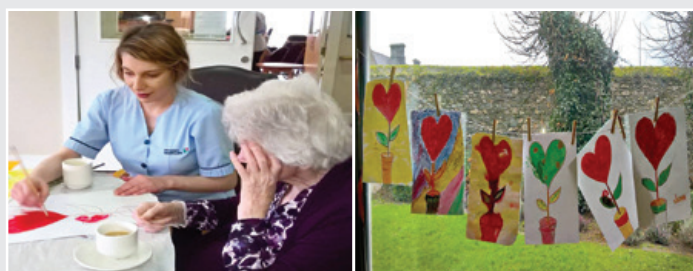
Arts & Crafts Time

Such a lovely pic in from arts and craft time at Cloverlodge Nursing Home, Shinrone - resident Joan Gorman making Valentine cards with activities co-ordinator Kate Flynn. The close bond between our carers and residents is so so special.



Art Class in Killarney Nursing Home

With Valentines on the horizon a few hearts were poured out in our arts class today in Killarney Nursing Home. So bright and beautiful.



Looking out for each other



Resident Nora Moloney turned the tables on our social care practitioner Shanelle, and sat her down to have her hair plaited.

A precious moment at Ennis Nursing Home.

Living Well With Mowlam

Residents Mary O'Keeffe, Maureen Barrett, Esther Hackett and Elizabeth Connolly are improving their strength, balance, and mobility, helping to facilitate their independence.

Weekly gentle chair exercise classes, in the comfort of residents' home-from-home, with Margaret O'Keeffe at Archersrath Nursing Home.



Warm smiles, warm hearts

A joyful afternoon of lovesongs, singalongs, chocolate and chat was enjoyed by residents of The Park Nursing Home, Limerick.

L: Musician John Skeehan (standing) and the Park's Music Therapist Alan Doyle. R: Resident Joan Ahern with her daughter Eithne.



Man's Best Friend

Pet Therapy at Millrace Nursing Home. Resident Thomas O'Brien, a farmer for 28 years, absolutely adores animals, so he derives so much pleasure from his visits with 2 year old Jack Russell 'Bruce'.



Valentine's Day Lunch

Valentine's Day Lunch at Swords Nursing Home - such special touches given to the table arrangements with flowers, cards and gifts. What a lovely afternoon.



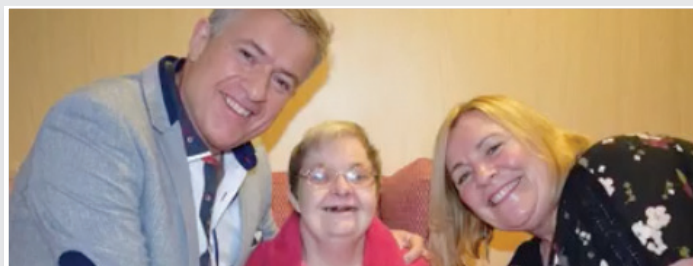
Magic, myth and mystery

What a great photo of Seanchaí Eddie Lenihan with Sheila Lynch, during a visit to Ennis Nursing Home, where he delighted residents with stories of fairies and Irish lore. An inspiring afternoon of magic, myth and mystery. Thanks Eddie.



St Bridget's Day and our folk traditions

Residents in Kilrush Nursing Home celebrated St Bridget's Day in a traditional way by making Bridget's Crosses - Creative therapies for mind and soul.



Special Visitors come to Castle Gardens Nursing Home

We're always so thankful for special visitors...

XFactor's Mary Byrne, Des Willoughby, of the Willoughby Brothers, and singing star Dominic Kirwan dropped into spend some joyous time with residents and staff in Castle Gardens Nursing Home. Come back soon again, you are always welcome.