

A selection of stories from
SUMMER 2017

OUR HOMES | OUR NEWS

**Mowlam
Healthcare** 

Resident Paddy O'Dea and activities coordinator
Geraldine O'Connell, Caherass Nursing Home, Limerick



Positive, Proactive, Physical Activity

Improving the quality of life of our older residents through our weekly fun and interactive Siel Bleu exercise programme, at **Swords Nursing Home, Dublin**.



Resident-led activities and fun

A joyous photo of John learning to cross stitch for the first time at **Killarney Nursing Home**.



Singing All The Way There, & Back Again

The **Park Nursing Home's** outing to Adare Village and Heritage Centre, Limerick - the amazing staff of the Centre made our residents' day so memorable, with music, singing, dancing, beautiful food, and accommodating our every need.

Rooted in Our Community

Every month we look forward to our Brothers of Charity friends visiting us at **Kilcolgan Nursing Home** for a concert of singing, dancing and socialising. Happy Days in Galway.



Music & Merriment

Another fun day out for residents of **Rush Nursing Home, Dublin**, at the Rush Harbour Festival Tea Dance - such a fun afternoon with community friends, enjoying music and plenty dancing.



Residents' Special Birthdays

Birthdays are treasured and celebrated in each and every home - surrounded by the love of family, fellow residents and caring staff.

(left: Peter, resident of **Cloverlodge Nursing Home** Athy)

We Need VITAMIN SEA!!



Sun, sea, sand and ice-cream for **Sligo Nursing Home's** Mens' Club on their outing to Strandhill - residents expanding their social opportunities and enjoying life in residential care.



Out & About For A Special Afternoon

Visiting The Donkey Sanctuary in Liscarroll village was a truly special outing for residents and staff of **St Marthas's Nursing Home, Charleville**. For the sociable donkeys and mules to feel the loving hands and hear the quiet voices of our residents was a beautiful thing. Such a lovely day.

Ice Cream Delights

Our love for ice-cream emerged at an early age...and it has never left.

Living With Purpose at **Archersrath Nursing Home, Kilkenny**.



Keeping Our Faces To The Sun...

Residents are thankful for yet another glorious day at **Ennis Nursing Home**, and love nothing more than sitting outside in the warm breeze.



Staying Connected

Residents of **Caherass Nursing Home, Limerick**, are embracing the world of technology and enjoying laptop classes in the home - they will be Skyping the grandkids in no time!



Green Fingers

You'll always find our Billy in the courtyard looking after the flowers in the raised beds. He loves being out in the fresh air at **Rush Nursing Home**.

Kilmainhamwood Bake Off



Baking is our superpower, and our aprons are our capes. Betty, Margaret, Anne and Carmel from **Kilmainhamwood Nursing Home** busy making brown bread for evening tea - Living With Purpose.



Strolling Through Times Past

Residents of **Adare & District Memory Care Centre** enjoyed such a lovely day trip to Bunratty Castle and Folk Park - the sun shone all day for them.



Garden Party Launch

Residents, families, staff and the community gathered for a joyful Garden Party at **Sancta Maria Nursing Home**, Kinnegad, to celebrate the newly extended accommodation wing. The team organised the Midlands 103 roadcaster, great food, games, prizes and face painting for the smallies.



The Park's Summer BBQ

The **Park Nursing Home's** Annual Summer BBQ - another wonderful social gathering of family and friends with music, singing, great food and chat.



Activities To Help Our Residents Thrive

Many of our residents loved to travel prior to moving to **Kilmainhamwood Nursing Home** so we organise outings for their enjoyment, when weather permits, to influence their overall sense of well-being. Above photo from a day trip to Cabra Castle.



Our Latest Addition

Our new arrivals at **Castle Gardens Nursing Home** - already making a big and mischievous impression on our residents, Wexford.



A New Home-From-Home In Finglas

Resident John Brett bowling on the green with carer Jennifer Doyle at **Clearbrook Nursing Home**. A new custom-built home, opened August, under the management of Mowlam Healthcare.



Together For The Greater Good

Residents Bride, Betty, Aine, Josie and Betty with their gorgeous hand-knit blanket, made for the annual Meath Pilgrimage to Lourdes. This is the 4th year **St Colmcilles Nursing Home** has been involved.

Meaningful Activities

Resident-let activities and experiences - pathways to a better quality of life at **Archersrath Nursing Home**, Kilkenny. Right: Vincent with care assistant Sophie.



Trip To Spanish Point

Residents and staff of **Ennis Nursing Home** enjoyed lunch in the Armada Hotel, overlooking the bay in Spanish Point. The fresh sea air was magic.



Selfies At The Cinema

Residents of **Roseville House**, Limerick, went to the Odeon Cinema to see Patriots Day, and really enjoyed their break away to see the exciting movie.

Movie Stars In The Making



Residents Emer, Teresa, Patricia, Martin and Tony from **Moycullen Nursing Home**, Galway, enjoyed a truly unique experience - being extras in a film being made by local youth from Spatula Film Productions.



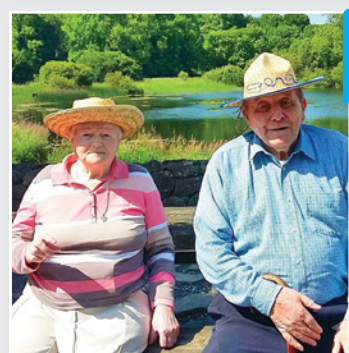
Weekly Flower Arranging

Residents of **Kilrush Nursing Home**, Clare, take great pride in their home-from-home, and love creating arrangements for dining room tables, the hallway and for their Friday mass altar.



Garden Party Days

Michael, Fred and John - loving the music, sun and ice cream at **Cloverlodge Nursing Home**, Athy.



Out & About

Maureen and John enjoying their outing to the very magical Lough Gur. Another beautiful day for residents of **St Martha's Nursing Home**, Charleville.